

Wild Bill's Fight Night 13 -- Friday, Jan. 25

An Interview with Tom Nguyen

Each week leading up to Wild Bill's Fight Night 13 on Friday, Jan. 25, Wild Bill's Fight Night will feature key fighter interview.

This week Tom Nguyen took the time to sit down with the staff at Wild Bill's Fight Night to discuss his upcoming rematch on Friday, Jan. 25 with Rhomez Brower.

Brower won the first fight in December with a decision over Nguyen. On Friday, Jan. 25 at Wild Bill's Fight Night, Nguyen will have the opportunity to avenge the only loss on his record and win the NFC Title Belt from Brower.

Wild Bill's Fight Night: With only a little more than three weeks left till fight night, how has training been going leading up to your rematch with Rhomez Brower on the Jan. 25 Wild Bill's Fight Night and where are you training and who are you training with?

Tom Nguyen: Hmm...for training, I've been sitting around watching reruns of the Family Feud and The Price is Right when Bob Barker was hosting the show. I miss good 'ol Bob. Honestly, I've been training at X3 Sports with Tony Tucci, Kevin Gittemeier, Stelle McCall, among others.

WBFN: Rhomez is the first person to defeat you in MMA. Why did you want an immediate rematch with him?

Nguyen: I have no idea. I think maybe if I keep fighting Rhomez Brower, I'll have a chiseled six-pack and well defined chest. That'll make me perform better in future shows.

WBFN: How are you preparing for the rematch with Rhomez different than the first fight with him?

Nguyen: Well, I've already started going back to my old school training of watching Rocky movies. I'm especially watching Rocky III, where he loses the eye of the tiger. I just keep imagining Apollo Creed telling me, "There is no tomorrow!"

WBFN: It was obvious in the first fight with Rhomez that he won the first and third rounds with his ground game and you won the second round because of your dominant standup. How is that going to play in the rematch?

Nguyen: I was actually just going to come out the exact same way again and hope the judges will give it to me just because I'm a 185 pound Asian-American who speaks

perfect English.

WBFN: You talked to Rhomez for a while after the first fight at the after party at Wild Bill's. What did you guys talk about?

Nguyen: Well, he bought me a drink and I didn't want to seem like a gold digger, so I wanted to chit chat with Rhomez a little bit. We just talked about how tiring of a fight it was and that we both fought our hearts out. My hat goes off to Rhomez for the victory. And, Rhomez, the next beer is on me.

WBFN: If you win the rematch, will there be a third fight since you both will be 1-1 against each other?

Nguyen: Sure. I think the more I fight Rhomez, the more buff I'll become.

WBFN: What are your goals in the sport of MMA?

Nguyen: I want to meet Barbara Walters from ABC.

WBFN: Do you have a day job? If so, what do you do?

Nguyen: Yes, my wife, Wendi, and I run Mr. Technique, a business dedicated to developing websites for small businesses and big or small people. For more information, check us out at www.mrtechnique.com. Also, go ahead and check out my fight website at www.fightaholic.com.

WBFN: You always have the best ring entrances of anyone that fights in Atlanta. You've come into the ring with James Brown's "Living in America" with the Hooters girls leading you out with USA flags. Last time you fought at Wild Bill's you handed roses to all the girls as you entered the ring. What do you have planned for January 25 at Wild Bill's?

Nguyen: Who knows? I thought about coming out to the 70's romance song, Skyrockets in Flight.

WBFN: You're one of the few fighters who's been able to cross over between both boxing and MMA. You've headlined boxing cards in Atlanta and MMA cards as well. What's your record in both and which do you prefer more?

Nguyen: Well, I'm 6-1 in MMA and 5-1 in pro boxing. I prefer MMA more due to the fact that I can run around the ring barefooted.

WBFN: What does fighting at Wild Bill's and on Comcast ON DEMAND mean to you?

Nguyen: I dig fighting at Wild Bill's. The way the stage is set allows me to come out the way I do. Of course, the event is really well put together, too. Of course, I also like all the cool people involved with the show. It's the biggest and best show in Georgia, if

not the Southeast, and it's an honor to be a part of it.

WBFN: You're one of the more experienced Atlanta fighters having a wrestling background, an amateur boxing background and now having near 20 pro boxing and MMA fights. Do you still get nervous before fights and how do you deal with it?

Nguyen: Nah, I never get nervous. Who told you that?

WBFN: What advice would you give to someone just trying to start out in boxing or MMA?

Nguyen: I would just say to just try out sparring as soon as you can. If you get hit a few times, and you want to run away and hide, I'd recommend that you stop. If the hits hurt, and you still do want to fight, keep going.

WBFN: Tom, I've heard you're in the running for one of the sexiest men in Atlanta. Every woman is going to be at your beck and call. What are you going to do about that?

Nguyen: I only have eyes for my wife, Wendi Nguyen. She's my biggest supporter and my best friend. Sorry, ladies.